

## SUPPORT OUR MILITARY FAMILIES

**IMPORTANT: As our military service men and women return from the front, it is extremely important that we share resources with them.**

Parents and educators have a new on-line tool to promote resilience and emotional health in military-connected children. It's produced by the Red Sox Foundation and Massachusetts General Hospital Home Base Program and is called *Staying Strong*.

Thousands of children have one parent currently serving in the military, and most military service members have been deployed multiple times during the past 10 years. *Staying Strong* offers practical parenting advice for military families and education tools for school to support military-connected children. *Staying Strong* is for military-connected parents and family members, educators, school nurses and other school professionals, and the community. To learn about *Staying Strong* and download toolkits and other materials visit [www.StayingStrong.org](http://www.StayingStrong.org).

Through educational programs like *Staying Strong*, the Home Base Program strives to build understanding and support within communities that include military children and their families. Thank you for your interest in *Staying Strong* and for your support of military-connected families in your community. The Home Base Program looks forward to working with MA Department of Public Health School Health Unit.

Sincerely,

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*Founded in 2009, the Red Sox Foundation and Massachusetts General Hospital Home Base Program works to heal the "invisible wounds of war" - post traumatic stress and traumatic brain injury – through clinical care, community education and research. Visit [www.HomeBaseProgram.org](http://www.HomeBaseProgram.org) to learn more*